

Joseph Bernsohn, husband of 68 years to Norma, father of Judy Fried-Weinfeld, grandfather of Laurie Fried and Ian Fried, great-grandfather of Maya and Andrew, father-in-law to Arthur and Allison, and step-grandfather to Debbi, David and Jennifer and their families, passed away Sunday at the age of 95. Born in New York City in 1914, Joseph attended Brooklyn College while working and supporting his family during the depression. After receiving his BS degree in biochemistry, Joseph attended the University of Illinois at Champaign-Urbana and received his PhD in nutrition in 1943. In 1950 he started a job as a Career Research Scientist at Hines VA Hospital in Maywood, Illinois, where he stayed until his retirement in 1981. He also held the title of Professor in the Departments of Biochemistry and of Pharmacology at Loyola University Stritch School of Medicine, as well as an adjunct faculty member in the Department of Neurology at Northwestern University School of Medicine. Dr. Bernsohn was a well-established neurochemist, a member of the American Society of Neurochemistry, who had a long-term research interest in the biochemical aspects of neurological disorders. In 1967 he published a seminal paper titled "Aetiology of Multiple Sclerosis (MS)" in the eminent British scientific journal, *Nature*. There he advanced the novel nutritional hypothesis that deficiencies in the intake of essential fatty acids, in particular, the omega-3 (fish oil-derived) fatty acids, could underlie the development of this disease. It was a very prescient suggestion, given today's burgeoning interest in and knowledge of the beneficial properties of omega-3 fatty acids. Joseph was a true renaissance man with many passions. He and Norma loved their subscription to the Chicago Symphony Orchestra, as well as attending opera, theater and art museums. They travelled extensively around the world and in their retirement spent winters in Ajijic, Mexico. His family and friends know how much he influenced their lives and he is already missed. [FUNERAL INFO] In lieu of flowers, please make a contribution in Joseph's name to the Nicasa Mosaic Arts Project c/o Judy Fried, 1113 Greenwood, Waukegan, IL 60087.